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## **CLAIMS:**

1. A method for making a fiber, comprising:

preparing a viscose of soluble fiber-forming material;

adding polytetrafluoroethylene (PTFE) material to the soluble fiber-forming material during the preparation of the viscose;

forcing the viscose having the added PTFE material through a spinneret into a wet bath to form the fiber.

- The method of claim 1, wherein adding the PTFE material to the fiber-forming
  material comprises dispersing PTFE particles having a size less than about one micron into the viscose.
  - 3. The method of claim 1, wherein adding the PTFE material to the fiber-forming material comprises adding PTFE powder that is dispersible to submicron particle size.
- 4. The method of claim 1, wherein adding the PTFE material to the fiber-forming material comprises adding an aqueous dispersion of PTFE powder that is dispersible to low micron particle size.
  - 5. The method of claim 4 wherein the aqueous solvent dispersion of PTFE powder comprises about 20% to about 60% PTFE by weight.
- 6. The method of claim 1, wherein adding the PTFE material to the fiber-forming material comprises adding an organic solvent dispersion of PTFE powder that is dispersible to low micron particle size.
  - 7. The method of claim 1, wherein adding the PTFE material to the fiber-forming material comprises dispersing PTFE particles that have a size smaller than a channel size of the spinneret.

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- 8. The method of claim 1, wherein adding the PTFE material to the fiber-forming material comprises introducing dispersible PTFE powder in the form of a pelletized master batch.
- 9. The method of claim 8, wherein the master batch comprises about 5% PTFE to about 60% PTFE.
  - 10. The method of claim 1, wherein the fiber-forming material comprises material selected from the group of cellulose, compounds of cellulose and any combination thereof.
- The method of claim 1, wherein preparing a viscose of fiber-forming material; comprise the steps of steeping, pressing, shredding, aging, xanatahation, dissolving, ripening, filtering, and degassing, and wherein adding polytetrafluoroethylene (PTFE) material to the fiber-forming material during the preparation of the viscose comprises adding PTFE during at least one of the steps in preparing the viscose.
- 15 12. The method of claim 1, wherein forcing the viscose having the added PTFE material through a spinneret into a solution to form the fiber, further comprises solidifying the forced viscose such that the PTFE particles are dispersed substantially through out the body of the fiber.
  - 13. A fabric comprising fibers made by the method of claim 1.
- 20 14. A synthetic fiber, comprising:
  - a wet spun extrusion of cellulose material; and
  - a dispersion of PTFE particles in the wet spun extrusion.
  - 15. The synthetic fiber of claim 14 wherein the PTFE particles are distributed substantially homogeneously through the wet spun extrusion.

- 16. The synthetic fiber of claim 14 wherein the dispersion of PTFE particles comprises PTFE particles having a size less than about one micron.
- 17. A fabric comprising the synthetic fiber of claim 14.
- 18. An article of manufacture comprising the synthetic fiber of claim 14.

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